Interprofessional Education and Collaborative Practice in Saskatchewan and Canada

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Outline

- Interprofessional Education (IPE) and Collaborative Practice (CP)
  - Terminology
  - Drivers
  - Research
- Experiences, Initiatives
  - Saskatchewan and Western Canada
  - Canadian
- Resources
Definition of IPE

Occasions when two or more professions learn with, from and about each other to improve collaboration and the quality of care.

(Centre for the Advancement of Interprofessional Education, 2002 and adopted by Canadian interprofessional Health Collaborative, 2007)
Collaborative Practice

- IP process for communication & decision making
- enables the separate & shared knowledge & skills of care providers
- results in “synergy” which leads to better patient care
- requires collaboration between patients/families and various health professionals

Collaborative Patient-Centred Practice (CPCP)
Driving the change

- Patient safety
Complexity and Needs of Clients

- Chronic Disease
- Population Health
- Domains of Health
- Consumers of health care
Health human resource supply and demand

- Aging workforce
- Rewards and incentives
- Aging population
- Workforce numbers insufficient to meet current demands
National and International Policies

Policy language is directing us to interprofessional education and collaborative practice as health and social service imperatives.

– “Collaborative Practice strengthens health systems and improves health outcomes.”
Increase the number of interprofessional teams providing primary health care
Changing how primary health care is organized, funded and delivered in Canada is an enormously challenging undertaking. It demands an unprecedented level of collaboration ... among health care professionals. (PHCTF: 2005)
Saskatchewan Health Workforce Action Plan (2005)
and soon to be released 10 yr Sk HHR Plan
– Focus on service delivery through teams, interprofessional education of students and collaborative practice
Research
IPE & CP positive impact on:

- wait times
- patient safety
- primary health care
- chronic disease management
- cost of patient care
Knowledge Synthesis
Impact of IPE and CP on Health Human Resources

– IP interventions
  ◆ improve workplace quality by creating IP collaborative culture
  ◆ Increase provider satisfaction
  ◆ May increase graduate recruitment to rural communities

Current Initiatives

- **Nationally:**
  - Canadian Interprofessional Health Collaborative (CIHC)
    - Hub for Interprofessional and Collaborative projects
    - Advocacy
    - Federal funding
  - Canadian IP Competencies document to direct curriculum/programming
  - Canadian IP Accreditation Guidelines
    - IP accreditation standards for academic programs
Saskatchewan Achievements

- Champions at grassroot levels
  - Practice
  - Education
  - Government

- Transformative Projects
P-CiTE
Patient Centered Interprofessional Team Experiences
Main Elements of the Sk Project

- Projects focussed on IPE of health science students
  - IPE Faculty, clinical supervisors, community preceptors development
  - Evaluation/research
  - Linked with other Canadian projects
  - Academic and community partners
Themes

#1 Child & Youth Mental Health

#2 Chronic Disease in Middle Aged Adults

#3 Elders in Transition from Acute to Community Care

#4 Health in Aboriginal Communities
Deliverables

- Over 4,000 IP classroom experiences
- Over 1,500 problem-based experiences
- Over 500 clinical experiences
- Clinical preceptor/faculty development
Building on these successes

- New visions and structures to support IPE in educational institutions
Building on these successes

- Interprofessional Health Collaborative of Sk
  - Focus on Practice settings
Building on these successes

- Innovative Primary Health Projects
  - Sunrise Regional Health Authority and Sun Country Regional Health Authority
Building on these successes

- Consistent, committed leadership in all sectors
PARADIGM SHIFT

What we have heard:
• IPE and CP is a different way of thinking about health care and health care delivery
  • Promotes innovation in teaching/curriculum
  • Advances clinical practice and patient care
PARADIGM SHIFT

• Needs dedicated support/resource to implement change
• Part of System Redesign
• Advanced through Accreditation, HHR policy
Moving Forward in Saskatchewan…

- Focus on advancing collaborative practice post-licensure
- IPE and CP are part of initiatives including:
  - Primary Health Care Redesign
  - Quality Improvement
  - Distributed Education
  - IP Curriculum
Moving Forward in Saskatchewan…

 Structures supporting/leading:
  – Saskatchewan Academic Health Science Network Initiatives
  – Health Region Initiatives
  – Education – Universities, Colleges, Distributed Education
Incremental to Transformative Change

- Regulators, Professions, Health Regions, Education, Government Partnerships

- IPE/CP provincial framework
  - Build on what we have learned over the past 10 yrs
  - Look to research and best evidence to inform
  - Patient Involvement
Paradigm Shift to Collaborative Practice
Sustaining the Momentum!
Resources

- Canadian Interprofessional Health Collaborative (www.cihc.ca)
  - Library
  - Publications